

2023 - 2024



Markham Family Medicine Teaching Unit

Education & Scholarship Annual Report



**Markham Family Medicine Teaching Unit
Education and Scholarship Annual Report
2023 – 2024 Academic Year
(July 1, 2023 to June 30, 2024)**

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Health for All Family Health Team
Oak Valley Health

December 2024

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Message from Dr. Donatus Mutasingwa, Academic Chief, Markham Family Medicine Teaching Unit:



It is my pleasure to present the 5th annual report highlighting the scholarly achievements of the Markham Family Medicine Teaching Unit (MFMTU) at Oak Valley Health (OVH) for the past academic year (July 1, 2023 – June 30, 2024). This report highlights incremental progress in the growth of scholarly activities at our Family Medicine Teaching Unit. Although our primary focus is to train future family doctors, our faculty and interprofessional healthcare providers are also continuing to engage in various scholarly pursuits demonstrating our commitment to both patient care and academic excellence.

In this report you will see work undertaken locally and through collaborations with other institutions across Canada, and globally. Through these scholarly activities we exemplify our commitment to lifelong learning which enhances our day-to-day clinical practice. We are proud to contribute to both OVH's Academic Plan and the DFCM's strategic goals.

As we move forward, together, we look forward to continuing our commitment to academic excellence, innovation and the continual improvement of patient care.

Sincerely,

Donatus Mutasingwa MD MPhil PhD CCFP
Academic Chief, Department of Family Medicine, Oak Valley Health
Assistant professor, Department of Family and Community Medicine, University of Toronto

Message from Dr. Stephen Marisette, Research Director, Markham Family Medicine Teaching Unit:



It is truly a pleasure to celebrate the outstanding scholarly achievements of the Markham Family Medicine Teaching Unit (MFMTU) over the past year. This report showcases the incredible breadth of scholarly contributions, including excellence in teaching, impactful research, education, innovation, and quality improvement initiatives. I congratulate everyone who has published or presented their work at conferences this year – you have made us proud!

We continue to collaborate with the OVH Office of Research, guided by a shared vision of fostering a sustainable research environment that addresses issues of health equity in our community. The Health for All Family Health Team and the MFMTU are also partnering with local community agencies to explore and develop evidence-based solutions to pressing community health needs.

Serving as MFMTU Research Director since 2021 has been an incredible privilege. I welcome Dr. Tiffany Tang as she steps into this role, and I am excited to see where her leadership will take us!

A special thank you goes to Dr. Joanne Permaul, our dedicated MFMTU Research Coordinator, for her unwavering support and commitment to advancing research excellence within our unit. Your hard work and passion are truly appreciated!

Dr. Stephen Marisette

Education & Scholarship 2023-24

IMPACT AT A GLANCE



52

Family Medicine Faculty

19

Family Medicine Residents



11

Publications



188

Presentations



27

Awards, Promotions,
Appointments & Degrees

Education



2.1 MFMTU Academic Presentations and Workshops 2023-24

(Presentations to MFMTU residents unless otherwise indicated)

Presenter(s)	Presentation / Workshop
Aalders R.	<ul style="list-style-type: none"> • Sepsis / Septic Shock. January 17, 2024. • POCUS SIM Day. February 14, 2024. • EM SIM Day. April 17, 2024.
Al-Aswad N.	<ul style="list-style-type: none"> • Billing Talk. August 9, 2023.
Al-Aswad N., West A.	<ul style="list-style-type: none"> • PD Check-In. August 30, 2023.
Assal A.	<ul style="list-style-type: none"> • Gestational DM. November 22, 2023.
Bakshi N.	<ul style="list-style-type: none"> • Mood Disorder. September 20, 2023.
Bala A.	<ul style="list-style-type: none"> • Geriatrics Presentation: Falls. April 17, 2024.
Basith A.	<ul style="list-style-type: none"> • DM Emergencies. October 4, 2023.
Boimer C.	<ul style="list-style-type: none"> • Dizziness. May 22, 2024.
Boudakian A.	<ul style="list-style-type: none"> • BPH and Kidney Stones. October 4, 2023.
Burke S.	<ul style="list-style-type: none"> • Respiratory Emergencies. November 15, 2023.
Cancilla J.	<ul style="list-style-type: none"> • Call Stipend. July 26, 2023.
Chan S.	<ul style="list-style-type: none"> • Antibiotics. December 20, 2023. • Antibiotics. January 10, 2024.
Cheng I.	<ul style="list-style-type: none"> • Pre-Concussion Workshop Check-In. October 11, 2023.
Cohen M.	<ul style="list-style-type: none"> • Abnormal Uterine Bleeding. August 23, 2023.
Da Silva Jardim M.	<ul style="list-style-type: none"> • PBSG Module: MS. January 3, 2024. • PBSG Module: Health Anxiety. April 17, 2024.
Duan L., Segal A.	<ul style="list-style-type: none"> • Hop Topics in Allergy: Early Introduction of Food Allergens and Treatment of Allergic Rhinitis. January 17, 2024.
Elkink M.	<ul style="list-style-type: none"> • Micropractice Concept and Management. September 27, 2023.
Fellus I.	<ul style="list-style-type: none"> • GI Bleed. December 20, 2023.
Fletcher J.	<ul style="list-style-type: none"> • Breakfast Medicine: Opioid Use Disorder. March 27, 2024.
Fong ZL.	<ul style="list-style-type: none"> • Skin Cancer and Dermatitis. September 27, 2023.
Forse K.	<ul style="list-style-type: none"> • Vulvar Complaints. March 13, 2024.
Furmlı S.	<ul style="list-style-type: none"> • Travel Medicine. January 31, 2024.
Grundland B.	<ul style="list-style-type: none"> • DFCM Site Visit. March 27, 2024.

Presenter(s)	Presentation / Workshop
Gupta K.	<ul style="list-style-type: none"> • Quality Improvement. August 9, 2023.
Gupta K., Yip G.	<ul style="list-style-type: none"> • Quality Improvement. November 29, 2023. • Quality Improvement. January 10, 2024. • Quality Improvement. February 7, 2024. • Quality Improvement. April 10, 2024.
Homer M.	<ul style="list-style-type: none"> • Diabetes. July 26, 2023. • Menopause. June 12, 2024. • Breaking Bad News. June 12, 2024.
Homiak K.	<ul style="list-style-type: none"> • Introduction to Case Management at HFA. August 9, 2023.
Hui B.	<ul style="list-style-type: none"> • Headaches. August 2, 2023.
Jensen C.	<ul style="list-style-type: none"> • Accepting Feedback. July 5, 2023. • Atrial Fibrillation. September 6, 2023.
Jin M.	<ul style="list-style-type: none"> • Introduction to Pharmacy at HFA. August 23, 2023.
Jin M, & Kong A.	<ul style="list-style-type: none"> • Anxiety and Depression. April 10, 2024.
Jin M, & Park H.	<ul style="list-style-type: none"> • Hypertension. February 7, 2024.
Kam A. & Team	<ul style="list-style-type: none"> • Concussion Workshop. November 22, 2023.
Kanjee A.	<ul style="list-style-type: none"> • Rosacea and Acne. August 23, 2023.
Karachiwalla F.	<ul style="list-style-type: none"> • Public Health, STIs and Adult Immunization. August 2, 2023.
Lam M.	<ul style="list-style-type: none"> • Hematuria. June 19, 2024.
Lee P.	<ul style="list-style-type: none"> • Outpatient Lab Abnormalities. August 2, 2023.
Li A.	<ul style="list-style-type: none"> • Approach to Anemia. March 13, 2024.
Lin K.	<ul style="list-style-type: none"> • PBSG Module: Wrist and Hand. August 9, 2023. • Addiction Medicine. December 20, 2023 & January 3, 2024. • PBSG Module: Insomnia. January 3, 2024. • Cancer. January 31, 2024. • Post ACS. June 19, 2024.
Lofti S.	<ul style="list-style-type: none"> • Vascular Disease. August 23, 2023.
Marisette S.	<ul style="list-style-type: none"> • Erectile Dysfunction. February 28, 2024.
Marisette S., Permaul J.	<ul style="list-style-type: none"> • Research Ethics. August 9, 2023. • Data Collection Methods. November 29, 2023. • Data Analysis, the Final Report and Dissemination. January 10, 2024.

Presenter(s)	Presentation / Workshop
Marisette S., Permaul J.	<ul style="list-style-type: none"> • Introduction to Resident Academic Projects. June 12, 2024.
Mazhar F., Panchalingam M.	<ul style="list-style-type: none"> • Geriatrics Presentation. February 28, 2024.
Mir H.	<ul style="list-style-type: none"> • Procedural Talk. November 22, 2023. • Nicotine Addiction 101. January 17, 2024.
Mui E.	<ul style="list-style-type: none"> • Home Based Primary Care and COE. October 11, 2023.
Mutasingwa D.	<ul style="list-style-type: none"> • Periodic Health Exams. July 5, 2023.
Pasricha, S.	<ul style="list-style-type: none"> • Chronic Kidney Disease. January 3, 2024. • Geriatrics: Organ Donation. May 15, 2024.
Patel R., Chang T.	<ul style="list-style-type: none"> • Geriatrics Presentation. January 17, 2024.
Pottruff S.	<ul style="list-style-type: none"> • Breathing Free – Addiction Resource. November 29, 2023.
Ramkisson S.	<ul style="list-style-type: none"> • Syncope. September 20, 2023. • Seizures. September 20, 2023.
Ramnarine C.	<ul style="list-style-type: none"> • Introduction to Library Resources. October 4, 2023.
Redditt V.	<ul style="list-style-type: none"> • Introduction to Refugee Health. February 28, 2024.
Shi B.	<ul style="list-style-type: none"> • Introduction to Ethics + IDEA Framework. September 27, 2023. • Ethics: Confidentiality. April 17, 2024. • Ethics: Medical Errors. May 22, 2024.
Smith S.	<ul style="list-style-type: none"> • Efficient Charting. August 30, 2023.
Stone J.	<ul style="list-style-type: none"> • Well Baby Visit. July 12, 2023. • Immunization. July 12, 2023. • Breastfeeding. July 12, 2023.
Stone M.	<ul style="list-style-type: none"> • Death Certificate. September 6, 2023.
Sultana S.	<ul style="list-style-type: none"> • Chest Pain. May 1, 2024.
Tan M.	<ul style="list-style-type: none"> • Obstetric Complications. April 23, 2024.
Tang T.	<ul style="list-style-type: none"> • Safety Assessment. May 15, 2024.
Tang T., Wong J.	<ul style="list-style-type: none"> • Joint Injection. February 7, 2024.
Truong M.	<ul style="list-style-type: none"> • Geriatrics: Delirium. November 22, 2023.
West A.	<ul style="list-style-type: none"> • Contraception. July 19, 2023. • Therapeutic Abortion. July 19, 2023. • Dyslipidemia. July 19, 2023. • Pregnancy and Postpartum Care. March 13, 2024.
Whelan P.	<ul style="list-style-type: none"> • Perianal Disease. May 1, 2024.

Presenter(s)	Presentation / Workshop
Wong J.	<ul style="list-style-type: none"> • Global Health Introduction. July 5, 2023.
Wu M.	<ul style="list-style-type: none"> • Breast Health. April 23, 2024.
Yip G.	<ul style="list-style-type: none"> • Hypertension. July 26, 2023. • Quality Improvement. September 6, 2023.
Yogeswaran L.	<ul style="list-style-type: none"> • Abnormal Liver Enzymes. September 27, 2023.
Zeng Z.	<ul style="list-style-type: none"> • Introduction to SOOs.
Zhu J., Taro S.	<ul style="list-style-type: none"> • Geriatrics: 1) Anemia & 2) Osteoporosis. October 11, 2023.

2.2 Faculty Retreat Presentations - December 6, 2023

Presenter(s)	Presentation
Dr. Michelle Homer	Learner Assessment of Clinical Teacher (LACT) Forms – What are they and what do they mean for us as teachers?
Dr. Margarita Lam-Antoniades & Dr. Samantha Green	QI, Climate Change and Environmental Sustainability
Dr. Stephen Marisette & Joanne Permaul	Reframing the work we are already doing through the lens of research: supports and opportunities within the DFCM
Dr. Donatus Mutasingwa	1 year later – where are we in reference to the DFCM strategic plan?
Dr. Andrew Patterson	Keynote Presentation: Advocacy and Compassion

2.3 Practice Based Learning Program Sessions

Moderator	Sessions
Dr. Stephen Marisette	<ul style="list-style-type: none"> • Benign prostatic hyperplasia. October 4, 2023. • Contraception update. October 24, 2023. • Menopause. November 22, 2023. • Leg Edema. February 28, 2024. • Osteoporosis. March 27, 2024. • Health Anxiety. April 24, 2024. • Adult Immunization. June 12, 2024.

2.4 Breakfast Medicine Presentations

Presenter	Presentation
Dr. Margaret Jin	Updates on pharmacological aspects of hot topics: insomnia, diabetes management, & COPD. Presented October 11, 2023.
Dr. Lynn Fong	Practical pearls for skin conditions: A primary care perspective. Presented December 13, 2023.
Dr. Jia Ren Chai	Parkinson's disease. Presented December 13, 2023.
Dr. Joshua Fletcher	Addictions medicine update. Presented February 14, 2024.
Dr. Joshua Fletcher	Opioid use disorder. Presented March 27, 2024.

2.5 MFMTU Resident Supervision 2023-24

Faculty Supervisor (Primary Preceptor)	Resident
	PGY2 - Graduation 2024
Dr. Yuet Ming Lam	Dr. Noor Adil
Dr. Melanie Henry	Dr. Muneera Al Khalifa
Dr. Amanda West	Dr. Mariana Da Silva Jardim
Dr. Stephen Marisette	Dr. Amolak Dhillon
Dr. Jessica Wong	Dr. Simon Hendy
Dr. Nadine Al-Aswad	Dr. Lanujan Kaneswaran
Dr. Amanda West & Dr. Kelly Forse	Dr. Kenneth Lin
Dr. Karuna Gupta	Dr. Sylvia Pytraczyk
Dr. Gina Yip & Dr. Michelle Homer	Dr. Samantha Rossi
Dr. Michelle Homer	Dr. Alicia Sheng

Faculty Supervisor (Primary Preceptor)**Resident****PGY1 – Graduation 2025**

Dr. Donatus Mutasingwa	Dr. Anil Bala
Dr. Karuna Gupta	Dr. Thomas Chang
Dr. Donatus Mutasingwa	Dr. Sameth (Taro) Khouth Hang
Dr. Melanie Henry & Dr. Nathasha Dias	Dr. Fatima Mazhar
Dr. Gina Yip	Dr. Mornisha Panchalingam
Dr. Tiffany Tang	Dr. Raeesabanu Patel
Dr. Kelly Forse	Dr. Max Stone
Dr. Stephen Marisette	Dr. Mathew Truong
Dr. Megan Tan	Dr. John Zhu

2.6 PharmD 4th Year Students, University of Toronto**Supervisor:** Dr. Margaret Jin

Alissa Kong, March 25 – April 26, 2024

Heidi Park, January 15 – February 16, 2024

2.7 Clinical Clerks, University of Toronto

Candice Richardson	September 4 – October 13, 2023
Ajantha Nadarajah	September 4 – October 13, 2023
Ednah Negatu	March 11 – April 19, 2024
Prajay Shah	March 11 – April 19, 2024

2.8 Undergraduate Students – Year 4 Elective, University of Toronto

Jessie Zhang	September 11 – 24, 2023
Janice Chan	November 6 – 19, 2023
Eylar Abbasi Bavil	November 13 – 26, 2023
Tsz Ying So	December 4 – 17, 2023
Nikki Li Qi Wong	June 3 – 16, 2024

2.9 Other Students

Supervisor:
Dr. Ming Lam

Student:
Alwin Zhang, Health Science Undergraduate Student,
Queen's University

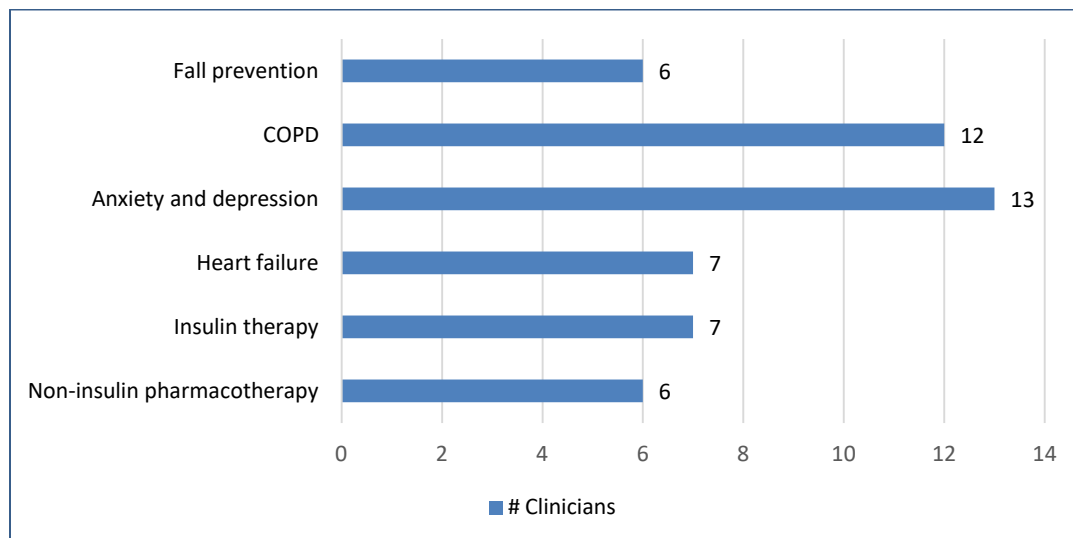
2.10 Academic Detailing, 2023-24

Academic detailing is a service provided by **Dr. Margaret Jin**, clinical pharmacist, in partnership with the Centre for Effective Practice (CEP) to provide continuing medical education Mainpro credits on primary care therapeutic topics to the family physicians, nurse practitioners and residents. The clinical pharmacist meets with each individual clinician to review the evidence and materials provided by the CEP.

July 1, 2023 – June 30, 2024

- **51** visits with **10** family physicians, **5** PGY2 residents, and **1** nurse practitioner

Topics:



Benefits of academic detailing:

"Ability to discuss information in the context of specific patients."

"Helpful overview of changing guidelines."

"Useable resources continue to be hugely beneficial."

"It was helpful to be able to see the various devices and learn how they work."

Research



3.1 Grants

Grant: Art of the Possible Education Grant, Department of Family and Community Medicine, University of Toronto, 2024 – 2026

Project Co-Leads: Dr. Rami Shoucri and **Dr. Melanie Henry**

Project: Evaluating an Innovative Post- Graduate Medical Education (PGME) Curriculum to Support Residents in Identifying and Addressing Low-Income Patients’ “Health Harming Legal Needs”

Amount: \$4,820

Grant: Global COVID-19 Response and Impact Grant, the Besrouer Centre for Global Family Medicine at the College of Family Physicians of Canada, 2024

Co-Investigators: Aghan E, Ziegler H, **Mutasingwa D**, Chilowaka C, Obondo J.

Project: Improving Community Mental Health and Decreasing Violence Post-COVID – Creating a Family Medicine Training Module.

Amount: \$50,000

3.2 Peer-Reviewed Publications

Aghan EL, Ziegler H, **Mutasingwa DR**, Massawe ER, Wangwe PJ, Lyakurwa D, et al. Advancing primary care: Establishing family medicine specialty in Tanzania. *African Journal of Primary Health Care & Family Medicine* 2023;15(1):a4248.

<https://doi.org/10.4102/phcfm.v15i1.4248>

Dilworth N and **Stone M**. Pediatric chest pain following blunt trauma: A case of an uncommon sternal fracture. *Canadian Journal of Emergency Medicine* 2024;26(6):437-439.

<https://doi.org/10.1007/s43678-024-00693-5>

Doherty S, Agarwal P, Wang R, Meaney C, Eldridge K, Damji AN, Elman D, Fung S, **Gupta KL**, et al. Patient experience with resident versus staff physicians: Results from a cross-sectional patient survey from Canadian family medicine residencies. *Family Medicine* 2024;56(5):286-293.

<https://doi.org/10.22454/FamMed.2024.729822>

Kam ASH, Zhao G, Huang C-L, **Husain A**, Nyhof-Young J, Summers A, et al. Residency spiral concussion curriculum design. *The Clinical Teacher* 2024;21(2):e13707.

<https://doi.org/10.1111/tct.13707>

Khan YH, Sivapalan S, **Wang S**. Assessing the impact of a health education intervention for post-secondary international students in Canada. *Cureus* 2023;15(7):e42243.

<https://doi.org/10.7759/cureus.42243>

Mahendiran M, Yeung H, **Rossi S**, Khosravani H, Perri G-A. Evaluating the Effectiveness of the SPIKES Model to Break Bad News – A Systematic Review. *American Journal of Hospice and Palliative Medicine* 2023;40(11):1231-1260.
<https://doi.org/10.1177/10499091221146296>

3.3 Other Publications

Conference Proceedings

Walji S, Makuwaza T, Bearss E, Kukan S, Greiver M, Aliarzadeh B, **Gupta K**, Heisey R, Ivers N, Kavanagh D, Levy M, Moineddin R, Morrison S, **Mutasingwa D**, O'Brien M, **Permaul J**, Sullivan F, and Carroll J. Innovative family history application – Provider's perspectives. *The Annals of Family Medicine*, 2023;21 (Supplement 3):4623.
<https://doi.org/10.1370/afm.22.s1.4623>

Books

Maxted J. (2024). *To be a family doctor... And more than that!* [Self-published].

Philpott J. (2024). *Health for all: A doctor's prescription for a healthier Canada.* Signal, McClelland and Stewart, Penguin Random House Canada Limited.

Book chapter

Sá C, and **Husain A.** (2023). Entrepreneurship education in Canada. In Xu, X. (eds). *Comparative Entrepreneurship Education.* Springer, Singapore.
https://doi.org/10.1007/978-981-99-1835-5_2

Book review

Husain A. Book review: Understanding and promoting transformative learning (2nd edition). *Canadian Medical Education Journal*, 2023;14(4):160.
<https://doi.org/10.36834/cmej.77445>

3.4 Submitted Manuscripts

Da Silva Jardim M, Henry M, Permaul JA, Kaneswaran L. Internationally trained physicians in family medicine leadership: a Canadian cross-sectional study. Submitted to *Canadian Family Physician*.

Marisette S, Permaul JA, Zeng Z, Mei J, Mutasingwa D, Henry M, Groff A, Homiak K. Navigating primary health care in Ontario: a qualitative study investigating the perceptions of Chinese newcomers to Canada. Submitted to *Canadian Family Physician*.

Mutasingwa D, Permaul JA, Meaney C, Rayner J, Marisette S, Moineddin R, Upshur R. Maintaining excellence in care coordination during the COVID-19 pandemic and beyond: a survey of multidisciplinary healthcare teams in Ontario, Canada. Submitted to the *Journal of the American Board of Family Medicine*.

3.5 Research Conference Presentations

Adil N, Pytraczyk S, West A. Attitudes and Prescribing Practices Regarding Menopausal Hormone Therapy for Vasomotor Symptoms: A Survey of University of Toronto Family Medicine Residents. Poster presented by **Dr. Sylvia Pytraczyk** at the Department of Family & Community Medicine (DFCM) Conference, Toronto, ON, May 16, 2024.

Arafeh D, **Henry M**, Ramji N, Thomson T, Zia A, Barry A. Partnering with Patients for Patient-Centred Care: A Practical Workshop on Engaging Patient Partners in Primary Care. Department of Family & Community Medicine (DFCM) Conference, Toronto, ON, May 16, 2024.

Bearss E, Walji S, Kukan S, Aliarzadeh B, Allanson J, Greiver M, Grunfeld E, **Gupta K**, Heisey R, Ivers N, Kavanagh D, Kim R, Levy M, Moineddin R, Morrison S, Muraca M, **Mutasingwa D**, O'Brien MA, **Permaul J**, Sullivan F, Wilson BJ, Carroll JC. Patient Views of an Innovative Family History Strategy. Oral presentation by Dr. Erin Bearss North American Primary Care Research Group (NAPCRG) Conference, San Francisco, CA, November 1, 2023.

Carroll JC, Greiver M, Kukan S, Bearss E, Walji S, Moineddin R, Aliarzadeh B, Ivers N, Kalia S, Allanson, J, Grunfeld E, **Gupta K**, Heisey R, Kavanagh D, Kim R, Levy M, Morrison S, Muraca M, **Mutasingwa D**, O'Brien MA, **Permaul J**, Sullivan F, Wilson B. An Innovative Family History Strategy for Primary Care: A Randomized Controlled Trial. Poster presented by Dr. June Carroll. North American Primary Care Research Group (NAPCRG) Conference, San Francisco, CA, October 31, 2023.

Carroll JC, Greiver M, Kukan S, Bearss E, Walji S, Moineddin R, Aliarzadeh B, Ivers N, Kalia S, Allanson, J, Grunfeld E, **Gupta K**, Heisey R, Kavanagh D, Kim R, Levy M, Morrison S, Muraca M, **Mutasingwa D**, O'Brien MA, **Permaul J**, Sullivan F, Wilson B. Innovative Family History Strategy: a randomized controlled trial. Oral presentation by Dr. June Carroll, Family Medicine Forum (FMF), Montreal, QC, November 2023.

Grill A. KidneyWise Update - Primary care essentials for managing CKD. Family Medicine Forum (FMF), November 8, 2023, Montreal, Quebec.

Henry M, Rashid M, Rodas J, Loi A, Agrawal A. Enhancing Primary Care for Newly Arrived Refugees: Insights from the Refugee Health Primer Conference. Poster presented by **Dr. Melanie Henry** at the Department of Family & Community Medicine (DFCM) Conference, Toronto, ON, May 16, 2024.

Husain A, and Logan R. Healing Ourselves Through Healing Patients: How to Leverage Generalism and McWhinney's Philosophy for FM. Department of Family & Community Medicine (DFCM) Conference, Toronto, ON, May 16, 2024.

Jan S, and **Fong L**. I Spy with My Little Dermatoscope. Family Medicine Forum (FMF), Montreal, QC, November 11, 2023.

Jattan A, and **West A**. Career Options and Development in Family Medicine. Family Medicine Forum (FMF), Montreal, QC, November 10, 2023.

Marisette S, Permaul J, Johnson N, Zeng Z, Mei J, Mutasingwa D, Henry M, Groff A, Homiak K. Chinese Newcomer's Perceptions of Primary Healthcare in Markham Ontario. Oral presentation by **Dr. Stephen Marisette** and **Dr. Joanne Permaul** at the Oak Valley Health Research Day, September 27, 2023.

Marisette S, Permaul J, Johnson N, Zeng Z, Mei J, Mutasingwa D, Henry M, Groff A, Homiak K. Chinese Newcomer's Perceptions of Primary Healthcare in Markham, Ontario: A Qualitative Study in Progress. Poster presented by **Dr. Stephen Marisette** at the North American Primary Care Research Group (NAPCRG) Conference, San Francisco, CA, November 2, 2023.

Marisette S, Permaul J, Johnson N, Zeng Z, Mei J, Mutasingwa D, Henry M, Groff A, Homiak K. Chinese Newcomer's Perceptions of Primary Healthcare in Markham Ontario. Oral presentation by **Dr. Stephen Marisette** and **Dr. Joanne Permaul** at the Department of Family & Community Medicine (DFCM) Conference, Toronto, ON, May 16, 2024.

Mui E, Ng S, LoGiudice A, Razavi D. Evaluating an Innovative Model of Interdisciplinary and Interagency Primary Care for Homebound Seniors Impact Fellow Eastern York Region North Durham Ontario Health Team (EYRND OHT), Canada. CAHSPR/ACRSPS Conference – Connecting Care for Clients, Families and Caregivers, Ottawa, ON, May 14, 2024.

Walji S, Makuwaza T, Bearss E, Kukan S, Greiver M, Aliarzadeh B, Allanson, J, **Gupta K**, Heisey R, Ivers N, Kavanagh D, Kim R, Levy M, Moineddin R, Morrison S, Muraca M, **Mutasingwa D**, O'Brien MA, **Permaul J**, Sullivan F, Wilson B, Carroll JC. An Innovative Family History Strategy: Providers' Perspectives. Oral presentation by Dr. June Carroll, North American Primary Care Research Group (NAPCRG) Conference, San Francisco, CA, October 31, 2023.

Walji S, Makuwaza T, Bearss E, Kukan S, Greiver M, Aliarzadeh B, Allanson, J, **Gupta K**, Heisey R, Ivers N, Kalia S, Kavanagh D, Kim R, Levy M, Moineddin R, Morrison S, Muraca M, **Mutasingwa D**, O'Brien MA, **Permaul J**, Sullivan F, Wilson B, Carroll JC. Innovative Family History Strategy: a multi-method study. Oral presentation by Dr. Sakina Walji, Department of Family and Community Medicine City-Wide Research Rounds, University of Toronto, Toronto, ON, January 2024.

3.6 Other Presentations

Panel Discussions

Philpott J, Mutasingwa D, Dias N, Kiran T. Perspectives on the Primary Care Crisis. Keynote Address: **Dr. Jane Philpott** – *Transforming Health Sciences Education with Radical Collaboration*. Moderator: **Dr. Allan Grill**. Oak Valley Health, Academic Week, September 26, 2023.

Hector-Alexander A, Alexander C, **Mutasingwa D**. Black Resilience, Belonging, and Leadership. Oak Valley Health, Black History Month. February 14, 2024.

Healthy Together Speaker Series

Grill A. Healthy Together Speaker Series: Episode 1 - What are the Responsibilities of a Family Physician?

Grill A. Healthy Together Speaker Series: Episode 2 - Respiratory Illness Season, December 20 2023.

Grill A. Healthy Together Speaker Series: Episode 3 - The Crisis and Challenges Faced by Family Physicians, January 6 2024.

Grill A. Healthy Together Speaker Series: Episode 4 - Screening for Cancer and Other Health Concerns in Ontario, March 19 2024.



L to R: Dr. Nathasha Dias (Panelist), Dr. Don Mutasingwa (Panelist), Dr. Tara Kiran (Panelist), Dr. Allan Grill (Moderator), Dr. Jane Philpott (Keynote Speaker & Panelist).



L to R: Allison Hector-Alexander, Cecily Alexander, Dr. Don Mutasingwa.

3.7 Resident Academic Projects 2023-24

Resident(s)	Project Title	Supervisor(s)
Dr. Noor Adil Dr. Sylvia Pytraczyk	Attitudes and Prescribing Practices Regarding Menopausal Hormone Therapy (MHT) for Vasomotor Symptoms Survey (VMS): A Survey of U of T Family Medicine Residents	Dr. Amanda West
Dr. Muneera AlKhalifa	Developing 40 SAMP Questions and Answer Keys for CFPC Exam Preparation	Dr. Melanie Henry Dr. Farhan Asrar
Dr. Mariana Da Silva Jardim Dr. Lanujan Kaneswaran	Internationally Trained Physicians (ITPs) in medical leadership: A Canadian cross-sectional study	Dr. Melanie Henry
Dr. Amolak Dhillon Dr. Kenneth Lin	Should family practitioners recommend artificial sweeteners for weight loss? A systematic review	Dr. Jessica Wong
Dr. Simon Hendy	Comparing as-relief ICS-Formoterol to maintenance ICS and SABA regimens in the reduction of exacerbations	Dr. Donatus Mutasingwa
Dr. Samantha Rossi Dr. Alicia Sheng	Exploring differences between patient and physician quality of life assessment: A systematic review	Dr. Yuet Ming Lam

Congratulations to the winners, Dr. Samantha Rossi and Dr. Alicia Sheng. A special thank you goes out to Michelle Dimas and Dr. Margaret Jin, who were the judges for this year.



L to R: Michelle Dimas (Judge), Dr. Samantha Rossi, Dr. Alicia Sheng, & Dr. Margaret Jin (Judge)

3.8 Ongoing Research Projects

2024 – 2026

Title: Evaluating an Innovative Post- Graduate Medical Education (PGME) Curriculum to support residents in identifying and addressing low-income patients' "Health Harming Legal Needs"

Project Co-Leads: Dr. Rami Shoucri & **Dr. Melanie Henry**

2023 – Present

Title: Improving Patient Access and Care in the Community (IMPACC): Strengthening Interprofessional and Collaborative Primary Care with Paramedicine

Project Leads: Chris Spearen, Dr. Walter Tavares, Dr. Phil Moran

Collaborators/Partners: Dr. Ian Drennan, **Dr. Melanie Henry**, Hayley Hobor, Natalie Kedzierski, Dr. Megan Landes, **Dr. Elizabeth Mui**, Cheryl Osbourne, Dr. Cristina Popa, Victoria Rossander, Dr. Paula Rowland, Gayle Seddon.

2023 – Present

Title: Canadian Adaptive Platform Trial of Treatments for COVID in Community Settings (CanTreatCOVID) Study

Principal Investigator: Dr. Andrew Pinto

Site Investigator: **Dr. Stephen Marisette**

2023 – Present

Title: Eastern York Region North Durham Region Perinatal Mental Health Services: Needs Assessment

Principal Investigator: Abigail Corbin, Alongside Midwifery Unit

Co-Investigator: **Dr. Jessica Wong**

2022 – Present

Title: Chinese Newcomers' Perceptions of Primary Health Care in Ontario: A Qualitative Study.

Principal Investigator: **Dr. Stephen Marisette**

Co-Investigators: **Dr. Joanne Permaul, Dr. Donatus Mutasingwa, Dr. Melanie Henry, Andrea Groff, Kathleen Homiak**

2022 – Present

Title: The Influence of Immigration Status on Primary Care Utilization and Prevention Screening (IMPETUS): A Retrospective Population-Based Study

Principal Investigator: **Dr. Joanne Permaul**

Co-Investigators: **Dr. Stephen Marisette, Dr. Donatus Mutasingwa, Dr. Tiffany Tang, Dr. Zhiheng Zeng**

2021 – Present

Title: Family History App in Personalized Medicine (FHAME) Study

Principal Investigator: Dr. June Carroll

Site Collaborators: Dr. Karuna Gupta, Dr. Donatus Mutasingwa, Dr. Joanne Permaul

2021 – Present

Title: Mixed Methodology Research in Comparing Spiral Curriculum Versus Traditional Block Teaching for Concussion Education

Principal Investigator: Dr. A. Kam

Co-Principal Investigator: Dr. Aisha Husain

2020 – Present

Title: Coordinating Care During the COVID-19 Pandemic: An Evaluation of Providers' Perspectives of their Practices (The CONCEPT Study)

Principal Investigator: Dr. Donatus Mutasingwa

Co-Investigators: Dr. Stephen Marisette, Dr. Joanne Permaul, Dr. Chris Meaney, Dr. Jennifer Rayner, Dr. Rahim Moineddin, Dr. Ross Upshur

3.9 Journal Club Presentations 2023-24

Moderator: Dr. Stephen Marisette

Date	Journal Article	Presenters
September 20, 2023	Use of the Electronic Health Record During Clinical Encounters: An Experience Survey. <i>Ann Fam Med.</i> 2022;20(4):312-318.	Dr. Max Stone, Dr. Mathew Truong & Dr. Sameth (Taro) Hang
November 15, 2023	Proactive Recruitment Strategy for Patient Identification for Lung Cancer Screening. <i>Ann Fam Med.</i> 2023;21(2):119-124.	Dr. John Zhu & Dr. Raeesabanu Patel
January 24, 2024	Resource Brokering: Efforts to Assist Patients with Housing, Transportation, and Economic Needs in Primary Care Settings. <i>Ann Fam Med.</i> 2021;19(6):507-514.	Dr. Fatima Mazhar & Dr. Mornisha Panchalingam
March 20, 2024	Prescribing Medications for Alcohol Use Disorder: A Qualitative Study of Primary Care Physician Decision Making. <i>Ann Fam Med.</i> 2023;21(4):332-337.	Dr. Anil Bala & Dr. Thomas Chang

4.1 Resident Quality Improvement Projects 2023-24

Residents	Supervisor / Advisory Team	Project
Dr. Fatima Mazhar, Dr. Mornisha Panchalingam & Dr. Raeesabanu Patel	Supervisor: Dr. Melanie Henry; IT Specialist: Zhanying Shi	Improving the Appropriately Documented Vaccine Rate for the Tdap-IPV+ MMR-V Among 7 Year-Old Patients at HFA
Dr. Anil Bala & Dr. Max Stone	Supervisor: Dr. Nathasha Dias Advisory Team: Dr. Tiffany Tang, Dr. Jessica Wong, Dr. Lynn Fong, Dr. Ken Lin, Dr. Mariana Da Silva Jardim, Zhanying Shi	Addressing Resident Competency in Intra-articular Joint Injections at Health for All
Dr. Thomas Chang & Dr. John Zhu	Supervisor: Dr. Amanda West Advisory Team: Jan McNulty, Josie Wiradharma Zhanying Shi	A Sustainable EMR-Based Approach to Enhance AAA Screening Rates and Documentation at HFA FHT
Dr. Sameth (Taro) Hang & Dr. Mathew Truong	Supervisor: Dr. Stephen Marisette Advisory Team: Dr. Margaret Jin, Jan McNulty, Josie Wiradhama, Zhanying Shi	Increasing Shingrix Vaccination in Patients Aged 65-70

Congratulations to Dr. Anil Bala and Dr. Max Stone who received the Margaret Maxted Memorial QI Award for their winning project “Addressing Resident Competency in Intra-articular Joint Injections at Health for All”. A special thank you goes out to Dr. Noor Ramji and Dr. John Maxted, who were the adjudicators for this year.



L to R: Dr. John Maxted (Adjudicator), Dr. Max Stone, Dr. Anila Bala, Dr. Nathasha Dias (Supervisor), Dr. Noor Ramji (Adjudicator).

4.2 Ongoing Quality Improvement Projects

2022 - Present

Title: Improving Statin Use in Diabetes Mellitus at an Academic Family Practice Using a Customized Reminder System

Team: Dr. Karuna Gupta, Dr. Margaret Jin, Zhanying Shi, Peter Nguyen

2021 – Present

Title: Improving Patient Telephone Access to Reception at Health for All

Team: Zabi Nassery, Sasika Thanabalasingham, Peter Nguyen

2020 – Present

Title: Patient Experience Survey

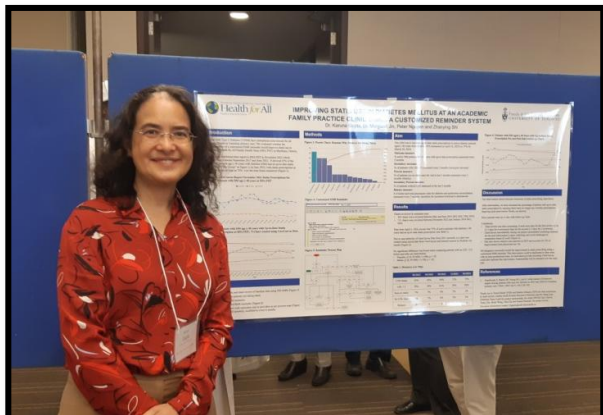
Team: Dr. Karuna Gupta, Dr. Gina Yip, Zhanying Shi, Peter Nguyen, Dr. Donatus Mutasingwa, Dr. Kelly Forse, Andrea Groff, Jadie Stone, Dr. Margaret Jin, Dr. Michelle Homer, Zabi Nassery

4.3 Quality Improvement Conference Presentations

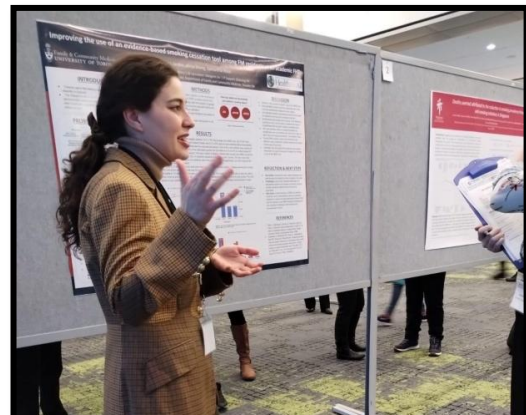
Da Silva Jardim M, Sheng A, & Rossi S. Supervisor: **Dr. Melanie Henry.** Improving the use of an evidence-based smoking cessation tool among family medicine residents at an academic family health team. Poster presented by **Dr. Samantha Rossi** at the Ottawa Model for Smoking Cessation Conference, Ottawa, ON, January 26, 2024.

Gupta K, Jin M, Nguyen P, Shi Z. Improving Diabetes Care at an Academic Community-Based Family Practice Clinic using a Customized Reminder System. Poster presented by **Dr. Karuna Gupta** at the Department of Family & Community Medicine (DFCM) Conference, Toronto, ON, May 16, 2024.

Lam Antoniades M, Akohene K, Benefo Aguei B, Duah J, Fung S, **Gupta K**, Opparo-Adde M, Taglione M, Twum P. What matters most in primary care around the world? Co-creating and co-delivering a quality improvement course for healthcare professionals in Ghana. Department of Family & Community Medicine (DFCM) Conference, Toronto, ON, May 16, 2024.



Dr. Karuna Gupta presenting at the DFCM Conference, May 2024.



Dr. Samantha Rossi presenting at the Ottawa Model for Smoking Cessation Conference, January 2024.

Global Health & Social Accountability



5.1 Global Health Lunch Presentations 2023-24

Date	Topic	Presenter
September 6, 2023	Understanding Human Trafficking: Signs and Resources	Kaitlyn Ranasinghe
October 11, 2023	2SLGBTQIA+ Care	Dr. Michael Bartucci
November 8, 2023	Reflections on the Pandemic, Mental Health, and Mental Health Care	Dr. Neely Bakshi
December 6, 2023	Advocacy and Compassion / Palliative Care in Global Health	Dr. Andrew Patterson
January 3, 2024	The Role of Canadian Healthcare Professionals in the International Community	Shairoz Somji
February 7, 2024	Primary Care Around the Globe: Co-creating and Co-Delivering a Quality Improvement Course in Ghana	Dr. Karuna Gupta
March 6, 2024	Why Do the Greatest Health Problems Get the Least Attention, and What Can We Do About It?	Dr. Kevin Kain
April 3, 2024	Serving Communities – A Global Health Experience in a Brazilian “Favela”	Dr. Mariana da Silva Jardim
May 1, 2024	Lessons from the Holocaust: The Incredible Role of Physicians	Dr. William Frydman

Kaitlyn Ranasinghe is the Program Manager at BridgeNorth. She has been involved in anti-trafficking advocacy for many years and turned this passion into a career when she began working in the field in 2017. She has experience conducting research on human trafficking and anti-human trafficking efforts, working with and providing support to survivors of human trafficking, as well as public education and advocacy. Kaitlyn is dedicated to building and sharing knowledge that inspires structural and systemic change at all levels to help fight and prevent human trafficking in Canada.

Dr. Michael Bartucci has been a long-time champion and advocate for 2SLGBTQ+ health. He is a staff physician and the former medical director at the Hassle Free Clinic, which is a community-based clinic in Toronto, providing medical and counselling services in all areas of sexual health. He also works rurally at the municipality of Red Lake, Ontario, as a family physician. He is the founder of Helping Hands Philippines, a Canadian charity which provides equitable community health services to underserved communities in the Philippines.

Dr. Neely Bakshi is a consultant psychiatrist at Health for All Family Health Team, and he also has clinical appointments at Oak Valley Health and at the Centre for Addiction and Mental Health. His clinical interests are in general psychiatric care and early psychosis intervention. He has been involved in the teaching of residents and medical students.

Dr. Andrew Patterson has practiced Family Medicine from 1976 to 2016 in Nova Scotia, West Germany, and Stouffville. He was the first Chief of Family Medicine at Markham Stouffville Hospital in 1989. He then became Chief of Palliative and Long Term Care until he stepped down in 2020 to concentrate on home visiting palliative care. He has been associated with Health for All from its beginning and supervised the hospital palliative rotation and arranged home visits for residents to experience. In his spare time, you will find him either mountain biking, playing hockey or skiing.

Ms. Shairoz Somji is a Registered Nurse at St Mary's General Hospital in Kitchener. She works very closely with IMI (Imamia Medics International), a global organization dedicated to promoting quality health and education in disadvantaged communities. She has spent her valuable time at Imam Al-Hujjah Hospital in Iraq educating their nurses in a variety of skills. She also worked closely with management to help the hospital gain accreditation.

Dr. Karuna Gupta has been practicing as a family physician for over twenty years. Since 2013 she has been an office based family physician and teacher with Health for All Family Health Team in Markham, Ontario and lecturer with the Department of Family and Community Medicine at the University of Toronto. Formerly serving as Lead Physician and Board Chair, Dr. Gupta is currently the Co-Director of Quality Improvement at Health for All. This role gives her an opportunity to bring the joy she finds in quality improvement work to team-based clinical care, teaching, academic work, and collaborations beyond the clinic walls.

Dr. Kevin Kain is a Professor of Medicine at the University of Toronto and a director at the Sandra Rotman Center for Global Health and Science Director of the Tropical Disease Unit at UHN. He also holds a Canada Research Chair in Molecular Parasitology. Dr. Kain's research and clinical interests include developing new diagnostics, drugs, and vaccines for the prevention and treatment of malaria and other emerging infectious diseases associated with tropical medicine. His research efforts also include focuses on global health and equity as well as knowledge sharing and education. Dr. Kain has worked extensively in the tropics including New Guinea, Uganda, Kenya, Tanzania, Malawi, Madagascar, Honduras, Laos, Thailand, Indonesia, and the Amazon basin. He has also served as a board member or consultant to many organizations including the Gates Foundation, Grand Challenges Canada, WHO, Red Cross, Canadian Blood Services, and the CDC.

Dr. Mariana da Silva Jardim is a second-year family medicine resident at Oak Valley Health, University of Toronto. She currently serves as the co-chief resident at her site, a general council member of the Professional Association of Residents of Ontario (PARO), and a member of the board of directors of Internationally Trained Physicians of Ontario

(ITPO). As a physician, she enjoys creating connections with co-workers, patients and families; as a Brazilian, she loves sharing her culture

Dr. William Frydman is an Oral and Maxillofacial Surgeon at Interface Centre in London/St. Thomas, Ontario, and is faculty at Schulich School of Medicine and Dentistry. Dr. Frydman is also the son of a Holocaust survivor. He speaks from these dual identities as both a physician and a descendant when discussing the importance of learning and recognizing the immense power of the physician, and what can happen when our professional ethics are corrupted by extreme ideology.

5.2 DFCM Collaboration in Ghana

Under the leadership of the Office of the Vice President International (OVPI) and in partnership with the Mastercard Foundation and five African institutes in higher education, the University of Toronto is engaging in a network to collectively address shared health sector challenges. The DFCM was invited to collaborate with the Kwame Nkrumah University of Science and Technology (KNUST), one of eight initial partners of the African Higher Education Collaborative, to develop a series of Continuing Professional Development programs to enhance the competency of primary care providers in a number of key areas, including quality improvement.

A team of physicians from the DFCM led by Dr. Margarita Lam-Antoniades worked with our KNUST colleagues on the co-creation and delivery of a Healthcare Quality course. This course aimed to provide participants (frontline healthcare providers and administration leadership) with the skills and knowledge to apply the concepts of quality improvement to their work with patients, healthcare management, and larger primary care organizations in Ghana. In fall 2023, Drs. Margarita Lam-Antoniades, Susanna Fung, Mike Taglione, and **Karuna Gupta** (*Oak Valley Health*) travelled to Ghana to deliver this two-part course in collaboration with our Ghanaian colleagues.



5.3 Presentations by the Community Care Team (CCT)

Chhabra, S. Stress Management. Presented virtually in partnership with Markham Public Library, September 19, 2023.

Chhabra, S. Mindful Self-Compassion. Presented virtually in partnership with Markham Public Library, September 26, 2023.

Hoa, P. Sleeping Well. Presented at the Markham Public Library – Cornell Branch, October 16, 2023.

Hoa, P. & Jin, M. Cognitive Behavioural Therapy for Insomnia 4-Part Series (Part 1). Presented at the Markham Public Library – Cornell Branch, November 2, 2023.

Hoa, P. & Jin, M. Cognitive Behavioural Therapy for Insomnia 4-Part Series (Part 2). Presented at the Markham Public Library – Cornell Branch, November 9, 2023.

Hoa, P. & Jin, M. Cognitive Behavioural Therapy for Insomnia 4-Part Series (Part 3). Presented at the Markham Public Library – Cornell Branch, November 16, 2023.

Hoa, P. & Jin, M. Cognitive Behavioural Therapy for Insomnia 4-Part Series (Part 4). Presented at the Markham Public Library – Cornell Branch, January 18, 2024.

Hoa, P. & Loong, G. Dialectical Behavioural Therapy Orientation. Presented at the Health for All Family Health Team, June 13, 2024.

Jin, M. Talking About Medication. Presented virtually in partnership with Markham Public Library, June 11, 2024.

Jin, M. Falls Prevention. Presented virtually in partnership with Markham Public Library, June 25, 2024.

Jin, M., AlKhalifa, M., & Loong G. Talking About Medications. Presented to Amica Unionville residents, June 27, 2024.



L to R: Dr. Margaret Jin, Gigi Loong and Dr. Muneera AlKhalifa presenting at the Senior's Health Fair, Amica Unionville.

Jin, M., Chhabra, S., & Belli, S. Improving Sleep for Adults. Presented at the Markham Public Library – Cornell Branch, April 22, 2024.

Jin, M., Chhabra, S., & Belli, S. Cognitive Behavioural Therapy for Insomnia 4-Part Series (Part 1). Presented at the Markham Public Library – Cornell Branch, May 6, 2024.

Jin, M., Chhabra, S., & Belli, S. Cognitive Behavioural Therapy for Insomnia 4-Part Series (Part 2). Presented at the Markham Public Library – Cornell Branch, May 13, 2024.

Jin, M., Chhabra, S., & Belli, S. Cognitive Behavioural Therapy for Insomnia 4-Part Series (Part 3). Presented at the Markham Public Library – Cornell Branch, May 27, 2024.

Jin, M., Chhabra, S., & Belli, S. Cognitive Behavioural Therapy for Insomnia 4-Part Series (Part 4). Presented at the Markham Public Library – Cornell Branch, June 3, 2024.

Jones, Z. Healthy You (Week 3). Presented virtually, October 10, 2023.

Jones, Z. Healthy You (Week 4). Presented virtually, October 17, 2023.

Lawrence, S. Alzheimer’s Awareness. Presented at the Markham African Caribbean Canadian Association (MACCA), March 7, 2024.

Lawrence, S. Alzheimer’s Awareness. Presented virtually in partnership with Markham Public Library, June 4, 2024.

Loong, G. Addressing Emotional Eating (Part 1). Presented at the Markham Public Library – Cornell Branch, November 23, 2023.

Loong, G. Addressing Emotional Eating (Part 2). Presented at the Markham Public Library – Cornell Branch, November 30, 2023.

Loong, G. Addressing Emotional Eating (Part 3). Presented at the Markham Public Library – Cornell Branch, December 7, 2023.

Loong, G. Healthy Eating for Diabetes. Presented virtually, July 4, 2023 & March 19, 2024.

Loong, G. Healthy Eating for Cholesterol. Presented virtually, July 12, 2023.

Loong, G. Health Eating for Older Adults. Presented virtually, in partnership with Markham Public Library, October 17, 2023, June 18, 2024.

Loong, G. Healthy Eating for One. Presented at Amica Unionville, June 24, 2024.

Loong, G. Healthy You (Week 2). Presented virtually, October 3, 2023.

Loong, G. Healthy You (Week 5). Presented virtually, October 24, 2023.

Loong, G. Meal Planning 101. Presented virtually, August 22, 2023 & May 7, 2024.

Loong, G. Meal Planning 101. Presented virtually, in partnership with Markham Public Library, November 9, 2023.

Loong, G. & Jones, Z. Healthy Eating for Diabetes. Presented virtually, August 15, 2023, December 12, 2023 & June 11, 2024.

Loong, G. & Jones Z. Healthy Eating for Diabetes. Presented at Markham Public Library, October 2, 2023.

Loong, G. & Jones, Z. Healthy Eating for Diabetes. Presented at Cornell Public Library, February 7 & April 29, 2024.

Loong, G. & Jones, Z. Healthy Eating for Cholesterol. Presented virtually, September 12, 2023, January 23, 2024 & May 21, 2024

Loong, G. & Jones, Z. Healthy Eating for Cholesterol. Presented at Markham Public Library – Cornell Branch, November 15, 2023 & March 25, 2024.

Loong, G. & Jones, Z. Healthy You (Week 1). Presented virtually, September 26, 2023.

Loong, G. & Jones, Z. Healthy You (Week 6). Presented virtually, October 31, 2023.

5.4 Markham Family Medicine Physician Book Club

Co-Chairs: Dr. Parm Singh, Dr. Karuna Gupta

The Markham Family Medicine Physician Book Club held its first meeting in September 2019 as an opportunity to bring together local family physicians and family medicine residents at Oak Valley Health as a community of readers. The Club explores interpersonal, social, cultural and political conditions which shape our personal and professional lives through our reading of both fiction and non-fiction texts. The Club meets several times per year, providing a wonderful opportunity for promoting each other's wellness and continued learning through our shared love of reading.

Meeting Dates	Featured Book
November 14, 2023	Old Babes in the Wood by Margaret Atwood
January 23, 2024	Demon Copperhead by Barbara Kingsolver
April 9, 2024	Yellowface by R. F. Kuang
July 4, 2024	Fayne by Ann-Marie Macdonald



Awards, Promotions, Appointments & Degrees



7.1 Awards, 2023-24

Faculty Award for Excellence in Global Health

Department of Family and Community Medicine, University of Toronto

Awarded to: Dr. Nour Khatib

PGY1 Impact Award

Department of Family and Community Medicine, University of Toronto

Awarded to: Drs. Mariana da Silva Jardim, Samantha Rossi, Alicia Sheng, Melanie Henry, Margaret Jin, & Ms. Zhanying Shi

Project: Improving the Use of an Evidence-Based Smoking Cessation Tool Among Family Medicine Residents at an Academic Family Health Team

Dedication, Innovation and Leadership in Quality Improvement Award

Department of Family and Community Medicine, University of Toronto

Awarded to: Dr. Gina Yip

Excellence in Quality Improvement – Community Affiliated

Department of Family and Community Medicine, University of Toronto

Awarded to: Dr. Karuna Gupta

Staff Excellence – Community Affiliated

Department of Family and Community Medicine, University of Toronto

Awarded to: Ms. Beverley Nutt

Resident Leadership Award

Department of Family and Community Medicine, University of Toronto

Awarded to: Dr. Mariana da Silva Jardim

New Teacher Award

Department of Family and Community Medicine, University of Toronto

Awarded to: Dr. Zhi Lynn Fong

Teaching Excellence of a Specialty Colleague Award 2024

Markham Family Medicine Teaching Unit, Oak Valley Health

Awarded to: Dr. Shahida Sultana

Rotation of Excellence 2024

Markham Family Medicine Teaching Unit, Oak Valley Health – Recognizing the outstanding contributions of staff to resident learning

Awarded to: Musculoskeletal Rotation

PGY2 Academic Project Award

Markham Family Medicine Teaching Unit, Oak Valley Health

Awarded to: Dr. Samantha Rossi and Dr. Alicia Sheng

Project: Exploring differences between patient and physician quality of life assessment: A systematic review

MFMTU Margaret Maxted Memorial QI Award

Markham Family Medicine Teaching Unit, Oak Valley Health

Awarded to: Dr. Anil Bala and Dr. Max Stone

Project: Addressing Resident Competency in Intra-articular Joint Injections at Health for All

Program Teaching Awards for Excellence

Markham Family Medicine Teaching Unit, Oak Valley Health

Awarded to:

Dr. Allan Grill

Dr. Jeff Weissberger

Dr. Melanie Henry

Dr. Tom Leventis

7.2 Nominations

DFCM Postgraduate Award, Program Leadership: Dr. Amanda West

DFCM Postgraduate Award, New Teacher: Dr. Tiffany Tang

DFCM Postgraduate Award, Clinical Excellence: Dr. Michelle Homer

DFCM Resident Award, Clinical Excellence: Dr. Samantha Rossi

Dan Stojimirovic Career Achievement Award, Postgraduate Administrators: Beverley Nutt

7.3 Promotions

Promoted to Associate Professor

Department of Family and Community Medicine, University of Toronto

Dr. Justin Morgenstern

Promoted to Clinical Adjunct Lecturer

Department of Family and Community Medicine, University of Toronto

Dr. Monica Attalla

Promoted to Clinical Part-Time Lecturer

Department of Family and Community Medicine, University of Toronto

Dr. Monica Dai

Promoted to Clinical Part-Time Lecturer

Department of Family and Community Medicine, University of Toronto
Dr. Zhiheng Zeng

Promoted to Part-Time Lecturer

Department of Family and Community Medicine, University of Toronto
Dr. Tesha Casella

Promoted to Part-Time Lecturer

Department of Family and Community Medicine, University of Toronto
Dr. Zhi Lynn Fong

Promoted to Lecturer (status only)

Department of Family and Community Medicine, University of Toronto
Ms. Stephanie Lawrence, NP

7.4 Appointments

Interim Director of Medical Education

Oak Valley Health
Dr. Stephen Marisette

Research Director

Markham Family Medicine Teaching Unit, Oak Valley Health
Dr. Tiffany Tang

Program Director

Markham Family Medicine Teaching Unit, Oak Valley Health
Dr. Nathasha Dias

Assistant Dean

Queen's-Lakeridge Health Campus, August 15, 2023 to June 30, 2028
Dr. Allan Grill

7.5 Degree Awarded

Doctor of Philosophy

University of Portsmouth, UK
Department of Psychology, Faculty of Science & Health
Dr. Joanne Permaul

